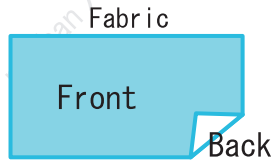


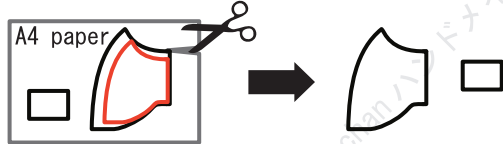
# How to make a mask with nose pads

## ★What you need to make a mask.

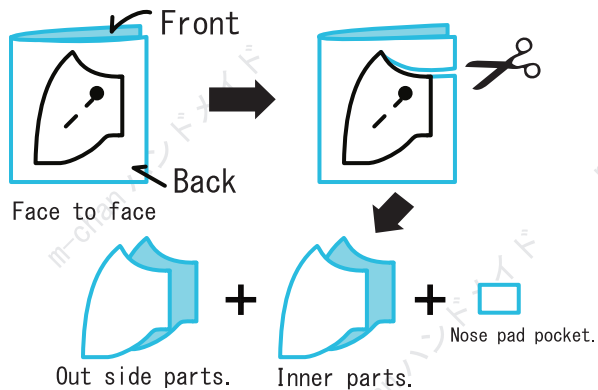
Sewing machine,  
Or needles and threads for hand sewing,  
Iron,  
Scissors,  
Pins and pin cushions,  
Fabric,  
Elastic cord,  
bodkin



### ① Cut the printed pattern pieces.



### ② Cut the fabric.

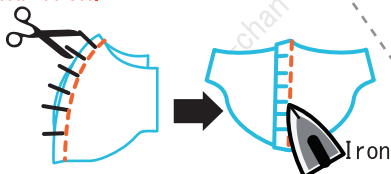


### ③ Sew pieces.

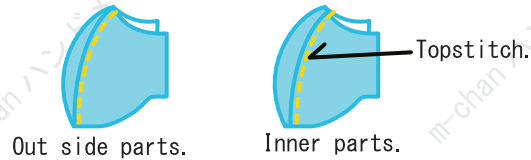


### ④ Make some notches and iron.

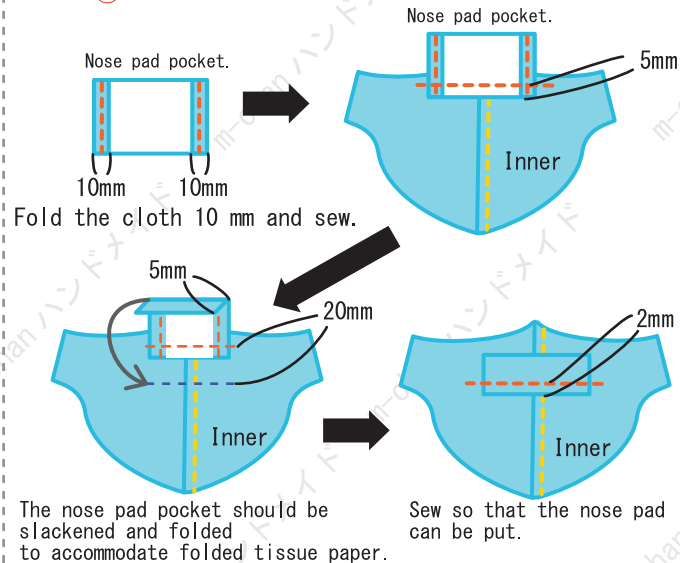
Make notches in several places on the seam allowance. Don't cut the seam. Iron and fold the seam allowance.



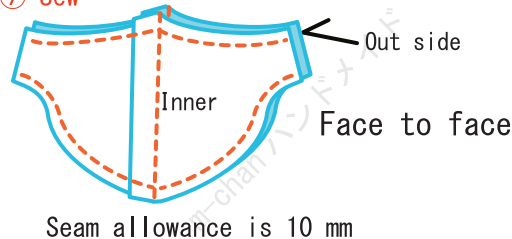
### ⑤ Sew



### ⑥ Fold and sew.

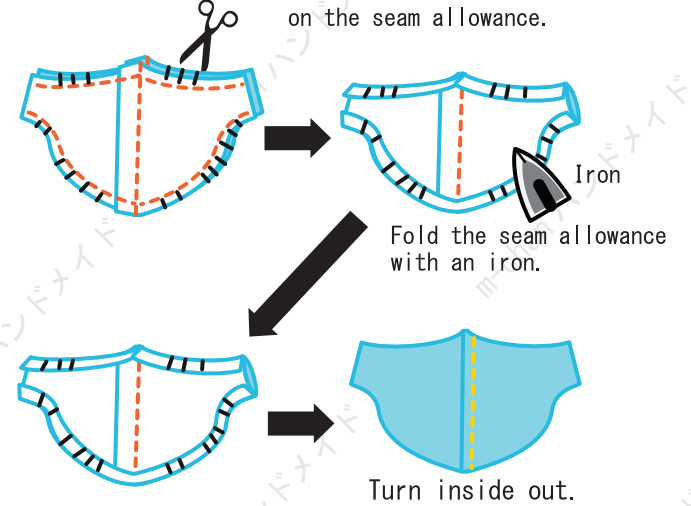


### ⑦ Sew

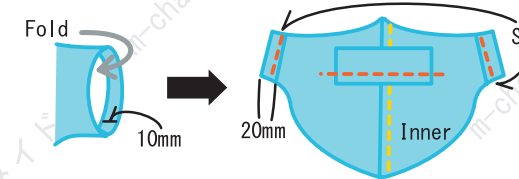


### ⑧ Cut and iron.

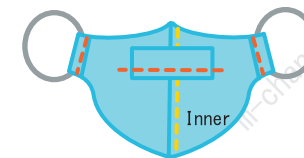
Make notches in several places on the seam allowance.



### ⑨ Fold and sew.

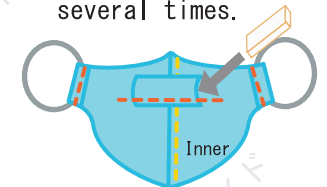


### ⑩ Thread the elastic cord.

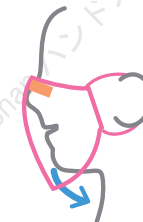


### ⑪ Insert nose pad.

Tissue paper folded several times.



Complete!



The nose pads and the open bottom of the mask make it cooler and easier to breathe.

★This pattern can be printed in A4 size.